A Convenient Synthesis of 1α -Hydroxy-Vitamin D₃

Sir:

There has been much recent interest in 1α ,25-dihydroxycholecalciferol (1),¹ the polar, biologically active, metabolite of vitamin D₃. A particularly interesting property of this metabolite is an extremely rapid onset of physiological activity.² We wish to describe the synthesis of a new vitamin D_3 analog-1 α -hydroxyvitamin D_3 (2b), which exhibits many features of the biological activity associated with 1, in particular a notably rapid onset of physiological activity (vide infra).



Although $l\alpha$ -hydroxy steroids are available through conjugate addition to a Δ^1 -3-keto system, transformation of these into vitamin D precursors has proved cumbersome.^{1,3} The well-known deconjugation reactions of Δ^4 -3-keto steroids⁴ led us to speculate that if a $\Delta^{4,6}$ -dien-3-one such as **3** were reduced with lithium and ammonia in the presence of an effective proton source an alternating sequence of reductions and protonations as expressed in eq 1 might lead ultimately to

the required 3β -hydroxy- Δ^5 -sterol 5. An attractive feature of this scheme (which presupposes a rate of reduction much faster than enolization, etc.) was the expectation of stereospecific formation of the required 3β -hydroxyl in the final step.⁵ A modest extrapolation of this scheme, expressed in eq 2, leads to an efficient

$$4 \xrightarrow{L_{1}/NH_{3}} \xrightarrow{H^{+}} 3 \xrightarrow{As in Fig f} 5$$
(2)

synthesis of 1α -hydroxycholesterol.

Treatment of $1\alpha, 2\alpha$ -epoxycholesta-4,6-dien-3-one (4) (available in 45% yield (two steps) from cholesterol⁶) with large excesses each of lithium metal and ammonium

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(4) (a) H. J. Ringold and S. K. Malhotra, J. Amer. Chem. Soc., 84, 3402 (1962); (b) A. L. Nussbaum, G. Brabazon Topliss, T. L. Popper, and E. P. Oliveto, J. Amer. Chem. Soc., 81, 4574 (1959); (c) R. E. Schaub and M. J. Weiss, Chem. Ind., 2003 (1961).

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chloride in ammonia-tetrahydrofuran (ca. 1:1) at reflux led to 1α -hydroxycholesterol (5a) (60% yield), mp 162–163°. The optical rotation observed for 1α hydroxycholesterol, $[\alpha]D - 38^\circ$, was in keeping with the required structure.7 The structure of 5a was confirmed⁹ by hydrogenation (5% Pd/C in ethanol, room temperature) to the known $1\alpha,3\beta$ -dihydroxy- 5α -cholestane.10



Acetylation (acetic anhydride-pyridine-N,N-dimethyl-4-aminopyridine at room temperature) of 5a afforded the diacetate 5b, which was brominated (dibromodimethylhydantoin in hexane¹¹) and then dehydrobrominated [(MeO)₃P in refluxing xylene¹¹] to afford the diene diacetate 6: mp 118-119°; λ_{max} 262 (e 8300), 271 (11,800), 282 (12,700), 294 (7500) nm; $[\alpha]D - 31^{\circ} (34\%)$. The diene 6 was irradiated in ether at 0° to 50% conversion with a 200-W medium pressure mercury lamp filtered to largely remove radiation between 300 and 330 nm as well as radiation shorter than 275 nm. The reaction product was separated into two fractions by chromatography on AgNO₃ impregnated silica gel. The more polar fraction was unchanged 6. The other fraction was largely the diacetate of $l\alpha$ -hydroxy-vitamin D₃ (λ_{max} 260, λ_{min} 232 nm), 7a, approximately 70% pure based on the change of the ultraviolet spectrum attendant upon the iodine-catalyzed conversion of the previtamin to the tachysterol analog¹² $[\lambda_{max} 272 \text{ (sh)}, 282, 292 \text{ (sh) nm}; 100\%$ purity requires a threefold enhancement of absorbance; found, 2.2]. The crude 7a was heated at 75° in isooctane for 2.25 hr to effect equilibration of 7a and the vitamin diacetate 2a. The product mixture was then carefully saponified (methanolic KOH at room temperature) and the diols 7b and 2b were resolved by chromatography on silica gel. The 1α -hydroxy-vitamin D_3 (2b) thus obtained had

(7) Cholesterol has $[\alpha]D - 39^{\circ 8a}$ and a 1α -hydroxy group was shown to have a small positive contribution in a number of 3-substituted androst-5-enes.8b

(8) (a) L. F. Fieser and M. Fieser, "Steroids," Reinhold, New York, N. Y., 1959, p 178; (b) R. M. Dodson, A. H. Goldkamp, and R. D. Muir, J. Amer. Chem. Soc., 82, 4026 (1960). (9) Our data (mp 162–163°, $[\alpha]_D - 38°$) are not in agreement with those (mp 195–200°, $[\alpha]_D 0°$) reported by Kodicek.³ In fact, the micro-

analytical data reported by these authors3 do not accord with the required composition. The latter, in fact, has been incorrectly calculated.

(10) (a) P. R. Striebel and C. Tamm, Helv. Chim. Acta, 37, 1094 (1954); C. W. Shoppee, S. K. Roy, and B. S. Goodrich, J. Chem. Soc., 1583 (1961). (b) We are indebted to Professor H. B. Henbest for the authentic specimen of 1α , 3β -dihydroxy- 5α -cholestane. We also thank Professor C. W. Shoppee for a specimen of $1\alpha,3\beta$ -dihydroxy- 5α cholestane 3-acetate.

(11) F. Hunziker and F. X. Muller, Helv. Chim. Acta, 41, 70 (1958).

(12) A. L. Koevoet, A. Verloop, and E. Havinga, Recl. Trav. Chim. Pays-Bas, 74, 788 (1955).

mp 132-133°,¹³ [α]D (ether) +26°, λ_{max} (ether) 264 nm (20,200), and on treatment with iodine underwent smooth isomerization attended by spectral changes $[\lambda_{max} 270 \text{ nm} (20,000)]$ completely analogous to those accompanying the conversion of vitamin D₃ into 5,6trans-vitamin D₃.¹⁴ The pmr spectrum of 2b showed the 6 and 7 protons as an AB quartet ($J_{AB} = 11.5 \text{ Hz}$) centered at δ 6.20 while the 19 protons appeared as a pair of one-proton multiplets at δ 4.85 and 5.30. These spectral parameters are completely analogous to those observed for vitamin D_3 itself and are not compatible with any of the other triene isomers encountered in the vitamin D series.

We have found that 1α -hydroxy-vitamin D₃ possesses potent vitamin D activity and in particular is associated with an onset of activity fully as rapid as that observed for the natural polar metabolite 1 of D₃.¹⁵ The important implications of this biological activity to vitamin D biochemistry and therapy will be discussed fully in a subsequent paper.¹⁷⁻¹⁹

(13) The cited melting point was obtained by placing the specimen on the hot stage preheated to $100\,^\circ$ and increasing the temperature at the rate of 1°/4 sec (the block thermometer and specimen are in reasonable equilibrium at this rate).

(14) A. Verloop, A. L. Koevoet, and E. Havinga, Recl. Trav. Chim. Pays-Bas, 74, 1125 (1955).

(15) 1α -Hydroxy-vitamin D₃ was >10 times as effective as vitamin \mathbf{D}_3 in raising the serum calcium of thyroidectomized-parathyroidectomized rats. A direct comparison between 1a-hydroxy-vitamin D3 and biosynthetic 1,25-dihydroxy-vitamin D3 demonstrated that the former was fully as effective as the latter in stimulating calcium transport across the chick intestines. 16, 17 Essentially identical time courses were observed

(16) M. E. Coates and E. S. Holdsworth, Brit. J. Nutr., 15, 131 (1961). (17) In collaboration with M. R. Haussler whom we thank for preliminary biological data in the chick assay.

(18) All new compounds exhibited appropriate and expected spectral characteristics and (with the exception of 7a) were of the required composition as established by microanalysis.

(19) NOTE ADDED IN PROOF. Application of the synthesis reported in this paper to 25-hydroxycholesterol has led to 1α ,25-dihydroxycholecalciferol (1). The details will comprise a future communication.

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The Thieno[3,4-c]pyrrole System, a "Tetravalent Sulfur" Heterocycle Showing Both Azomethine Ylide and Thiocarbonyl Ylide Dipolar Characteristics

Sir:

The title ring system 4 is one of several 10π -electron heterocyclic systems containing "tetravalent sulfur" atoms that have been reported recently in the literature.^{1,2} Described as a bright red powder, it formed a 1:1 adduct with dimethyl acetylenedicarboxylate, shown to be 8 ($R = COOCH_3$) by its oxidation to the benzo[c]thiophene (9) ($R = COOCH_3$).

We wish to report a very convenient synthesis of 4 which now makes it readily available in quantities sufficient to study a variety of cycloaddition reactions. Utilizing cycloaddition reactions³ as a route to the penultimate product of 4, N-benzoyl- α -phenylsarcosine⁴ (1) was treated with dibenzoylacetylene in the presence of acetic anhydride, affording⁵ a 63% yield of 3,4-dibenzoyl-2,5-diphenyl-1-methylpyrrole (3) as colorless, matted needles from ethanol, mp 200-202° (vco 1655, 1635 cm⁻¹; nmr (CDCl₃) τ 6.62 (s, 3, NCH₃), 3.15-2.36 (m, 20, aromatic); M + 441 (55)). The mesoionic anhydro-2,4-diphenyl-5-hydroxy-3-methyloxazolium hydroxide (2) was undoubtedly the intermediate in this reaction which may be utilized for the synthesis of a variety of 1,2,5-substituted pyrroles.^{4,6} Treatment of 3 with P_2S_5 in refluxing pyridine over 5 hr, followed by quenching the reaction mixture in 10% sodium hydroxide solution, gave 5-methyl-1,3,4,6-tetraphenylthieno[3,4-c]pyrrole (4) in 60% yield as small, brilliant



red needles, mp 110–112° ($\lambda_{\max}^{CHCl_{a}}$ 256 nm (log ϵ 4.41), 533 (3.15); M·+ 441 (61), M²⁺ 220.5 (15), PhC=S⁺ m/e 121 (37), Ph+ m/e 77 (100)).

In the crystalline state the thienopyrrole 4 is quite stable. In solution or on a tlc plate its color is rapidly bleached by light which, together with its poor solubility, precludes successful recrystallization.

We have found that the substitution pattern of the pyrrole moiety is critical for the formation of this ring system by the action of P_2S_3 , those pyrroles with 1methyl-2-phenyl or 1,2-diphenyl substituents being converted into the corresponding 3,4-dithiobenzoyl products.

The ring system 4 is a reactive substrate for cycloadditions, behaving both as an azomethine ylide 4a and a thiocarbonyl ylide 4b, depending on the reaction conditions. Olefinic dipolarophiles exhibited a temperature-dependent mode of addition to 4. Fumaronitrile in refluxing toluene (12 hr) formed the primary 1:1 cycloadduct 5 in 67% yield, colorless needles from acetonitrile, mp 244–245° (dec) ($\lambda_{max}^{CH_{3}OH}$ 278 nm, log ϵ 4.06; $\nu_{\rm CN}$ 2250 cm⁻¹; nmr (CDCl₃) τ 6.87 (s, 3, NCH₃), 5.88 (d, 1, J = 3.9 Hz, H₃), 5.42 (d, 1, J = 3.9 Hz, H₂), 3.34-2.40 (m, 20, aromatic); M + 519 (2)), together with the isoindole 6(5%) which also crystallized from acetonitrile forming yellow needles, mp 332-334° $(\lambda_{\max}^{CHCl_{s}} 245 \text{ nm} (\log \epsilon 4.58), 269 (4.51), 408 (3.31); \nu_{CN}$ 2225 cm⁻¹; nmr (CDCl₃) τ 6.54 (s, 3, NCH₃), 3.28-2.65 (m, 20, aromatic); $M \cdot + 485$ (100)). In refluxing xylene, the yield of the cycloadduct 5 decreased to 10%with an accompanying increase in the yield of 6 to 53%, suggesting the formation of 6 from 5 by the thermal elimination of the elements of H_2S . The conversion could also be effected in quantitative yield by

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